

Go Team

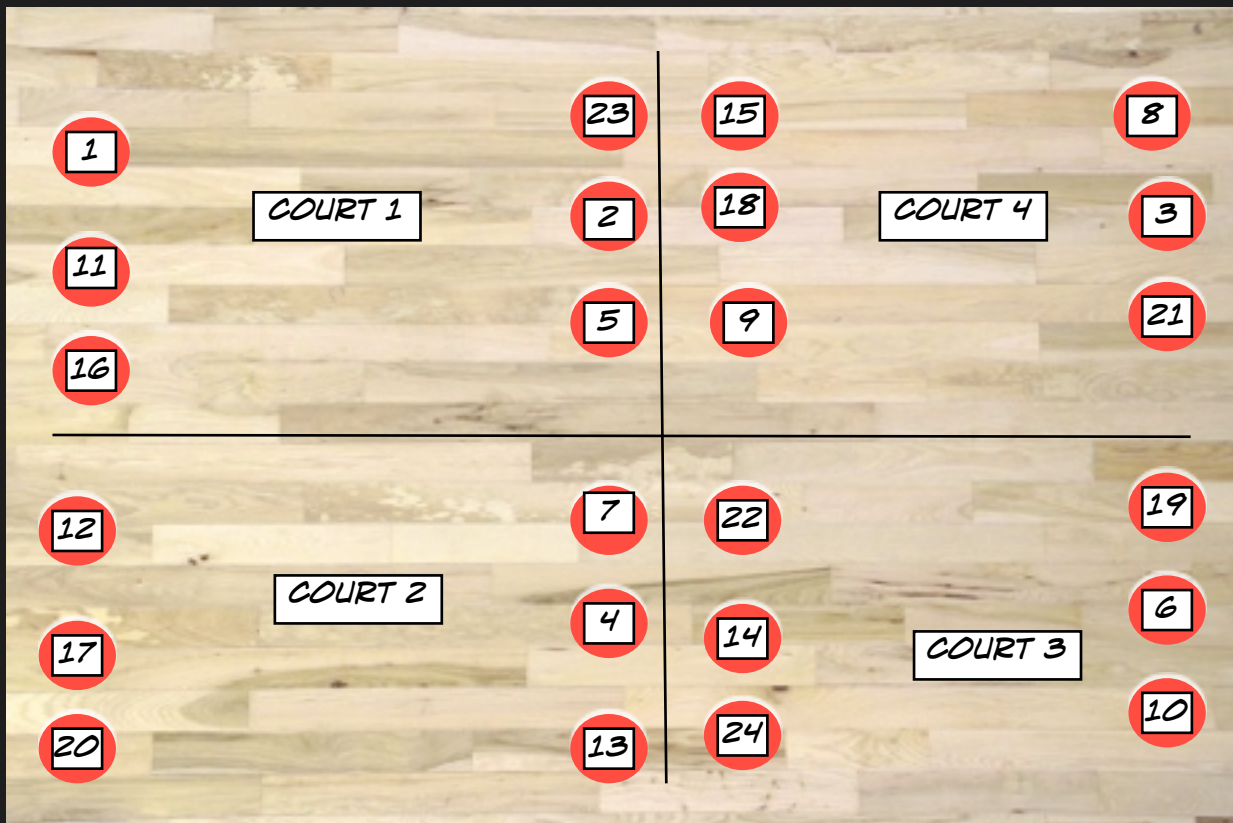
Organization Idea: Use numbered spots to create new small teams/groups within seconds.

Equipment: Numbered Spots & Equipment For whatever activity you have planned

Objective: To quickly form new groups or teams for small-sided activities. To practice social intelligence skills when assigned team or group numbers.

Set Up: At opposite ends of the courts or playing areas you have established for the class place enough numbered spots for the number of groups you would like.

Directions/Rules: Students begin by choosing a numbered spot. When it is time to create new groups have students go find the next number (5 goes to 6) and meet his/her new group members.



Teaching Progressions:

When using this for the first time, I usually do a quick timed challenge. When the music starts they try to find the next number. As a class they are trying to beat their best time getting the entire class to the next spot. This gets them running. I'll continue until the kids are back on the spot they started on.

When new groups first get together I will often have them greet each other with a high five, get drinks then walk and talk strategy before the next round. Sometimes I give them a specific question to answer as a group or a task to complete before the next round.