

Zest
Actively Participate
Show Enthusiasm
Invigorate Others (Encourage)

Grit
Finish What I Start
Try Hard Even After Failure
Work Independently With Focus

Self Control - School Work
Come to Class Prepared (Ipad,Sneakers & Unrestrictive Clothing)
Pay Attention & Resist Distractions (Eliminate Side-Conversations)
Remember and Follow Directions
Get Right to Work – Don't Procrastinate (Get To Class On Time)

Self Control Interpersonal
Remain Calm Even When Criticized or Otherwise Provoked
Allow Others to Speak Without Interruption
Keep Temper in Check

Optimism
Get Over Frustrations and Setbacks Quickly
Believe That Effort Will Improve My Future (Growth Mindset)

Gratitude
Recognize and Show Appreciation for Others
Believe that Effort will Improve My Future

Social Intelligence
Able to Find Solutions To Conflicts
Demonstrate Respect for Feelings of Others
Know When and How to Include Others

Curiosity
Eager to Explore New Things
Ask and Answer Questions to Deepen Understanding
Actively Listens to Others